

## Thermal resort

### Thermal Spa

This space includes the best aesthetical and technical advantages to welcome you to recover your health or to keep fit.

This unique place in Aquitaine declines a water-cure establishment, a thermo-play activity centre and a residential hotel.

There are soft lines, pure white colors, warm wood, lit walls, pleasant spaces where you can stroll about the three well-thought units with a performing equipment.

### THE HEALING VIRTUES OF THE WATERS OF CASTELJALOUX

- antalgic, anti-inflammatory
- chlorine-sulfated, bicarbonated, sodic and containing calcium, iron (2,7 mg/l) magnesium and trace elements
- warm (42°C)

## FOR YOUR HEALTH

### - The thermal Bath of Casteljaloux

The choice of Casteljaloux has been to create a new thermal bath on the very spot of the thermal springs. The architect has designed buildings which are harmoniously spread over the existing environment and has set the cure spaces to give an extreme comfort to the person taking the waters. The thermal centre is specialized in curing rheumatism and trauma after-effects.

In Casteljaloux spa, you'll find all the different techniques for curing : drinking waters, swimming pool with hydro-massage, swimming pool with mobilization, general shower with spray, local shower, baths with aero-bath, baths with hydro-massage, mud application, under-water massage&hellip; This wide variety allows the doctors of the spa to prescribe you a really personalized treatment.

## TO KEEP FIT

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The thermo-play activity centre

Here you can go through a marvellous trip allying water and warmth pleasures according to the different civilisations. What a delight to use the bubble beds, the Japanese Baths, the sauna, the hamman, the jacuzzis, the inner swimming-pool or the outer one !

Moreover, a wide range of caves and treatments are prepared to help you relax even more : face and body modelling and shaping, "cellu M6" using&hellip;

FOR RELAXING AND COMFORT

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La Résidence Des Bains \*\*\*

It is adjoining the spas and the thermo-play activity space so that you can reach them simply strolling about dressed in your bathrobe, which is most comfortable. There are 40 one-room flats, and flats entirely equipped. They are modern and spacious.

## KEEP FIT AND HEALTH STAY IN CASTELJALOUX

For a week-end or a week, by two or by yourself, use as you like the thermo-play activity centre with personalized cares or without.

You' ll live an unforgettable stay in this oasis of well-being...

For more details or brochure request let's contact the :

> Les Bains de Casteljaloux - La Bartère - 47700 Casteljaloux

tel. 05 53 20.59.00 - [bains.casteljaloux@eurothermes.com](mailto:bains.casteljaloux@eurothermes.com)

> Agence Eurothermes - 87 avenue du Maine - 75014 Paris

tel. 01 43 27 12 50 - fax 01 43 27 12 14 - [agence@eurothermes.com](mailto:agence@eurothermes.com)

> Office de Tourisme - Maison du Roy 47700 - CASTELJALOUX

tel. 05 53 93 00 00 - fax 05 53 20 74 32

Site Web : <http://www.eurothermes.com/casteljaloux/casteljaloux.asp>